

## 7 EASTERN SHORE NORTH

The Great Delmarva Bicycling Trail highlights scenic back roads that visit charming small towns and rustic natural environments including Chestertown, Rock Hall and Eastern Neck Island National Wildlife Refuge. Maps are available from [www.delmarvalite.org](http://www.delmarvalite.org). Near the Pennsylvania and Delaware lines, Fair Hill Natural Resource Management Area claims the most off-road biking trails in Maryland. Pack up your mountain bike or hybrid to try out this 90-mile trail system through rolling woods and fields. Visit [www.dnr.state.md.us/publiclands/central/fairhill.html](http://www.dnr.state.md.us/publiclands/central/fairhill.html) for more information. Catch a bay breeze on Kent Island in the middle of the Chesapeake Bay. The Cross Island Trail is a six-mile route that parallels US 50 from the Terrapin Nature Park to the Chesapeake Exploration Center at Kent Narrows. The Kent Island South Island Trail is also six miles long and begins at Matapeake State Park, parallels MD 8 and ends at Romancoke Pier.