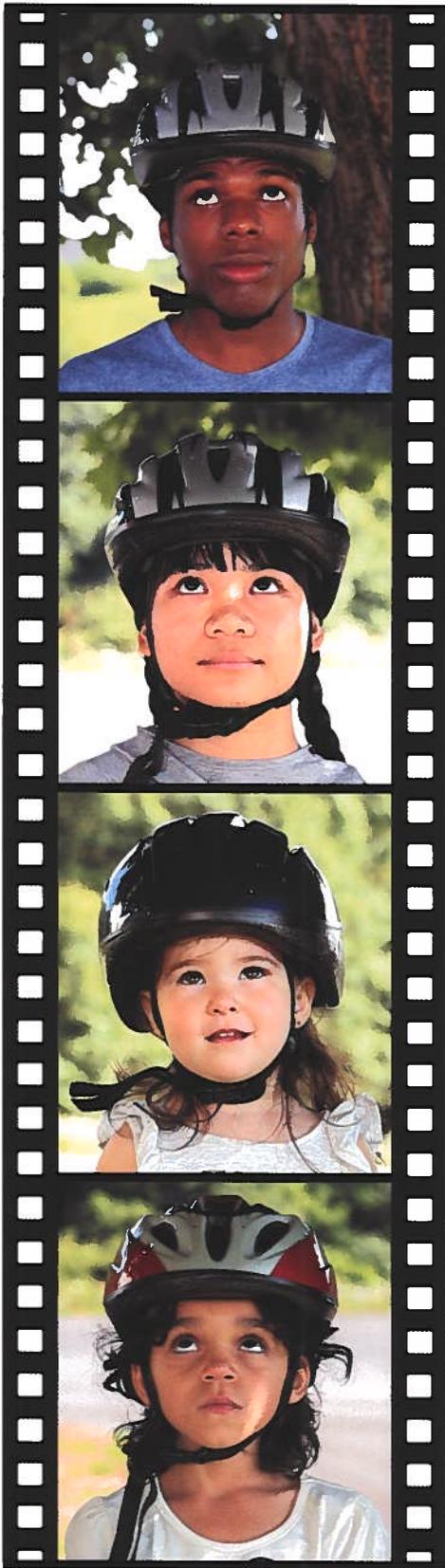


# The Helmet Fit Test

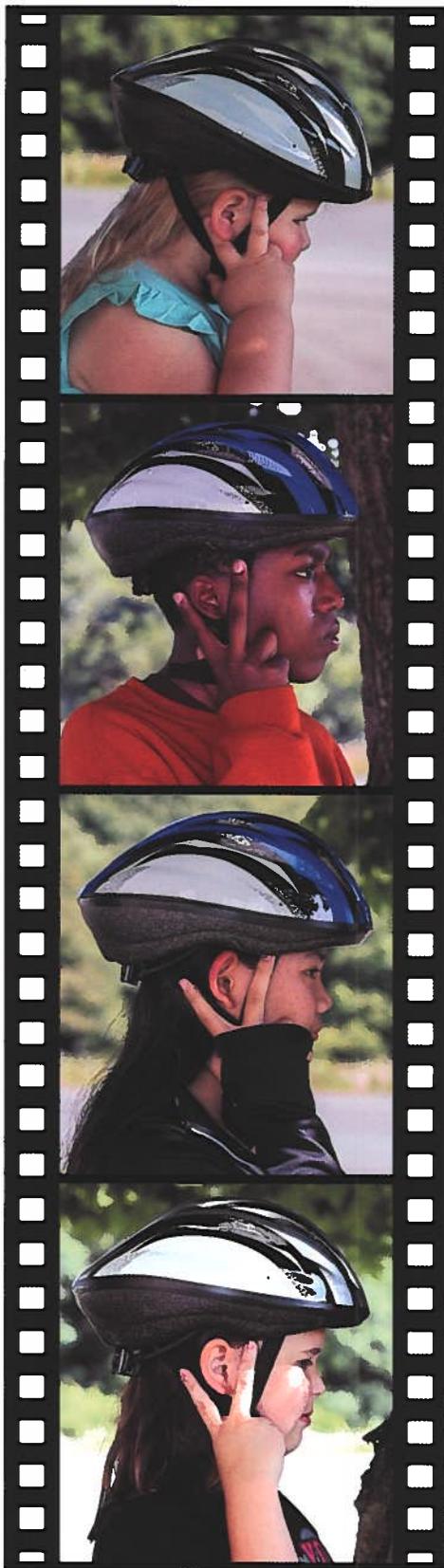
## 1 Eyes

## 2 Ears

## 3 Mouth



You should see the bottom rim of the helmet when you look up.



Straps should form a 'V' under your ears when buckled.



Helmet should hug your head when you open your mouth wide.

Children imitate adults - set a good example by wearing your helmet on every ride.



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