

State of Maryland
Shared Neutrals Mediation Program



Workplace Dispute? We Can Help

Do you hate coming to work because you don't get along with a co-worker? Is your work style and personality incompatible with those of your co-workers? Do you feel unappreciated or undermined by the people with whom you work? Are you having serious communication problems with your supervisor or coworkers? Are you angry because when you have something important to say no one listens and you are ignored?

Are you involved in any workplace conflict that you just cannot resolve on your own?

The State of Maryland Shared Neutrals Mediation Program provides FREE mediation services to state employees involved in workplace disputes. Mediation is a **voluntary, confidential, neutral** process that helps people in conflict communicate with one another, understand each other, and if possible, reach agreements that satisfy all participants' needs.

Even if you have tried before to resolve your dispute and been unsuccessful, try mediation.

Mediation Works.

For more information or to request a mediation session, check out our website at <http://dbm.maryland.gov/employees/Pages/Mediation.aspx>, send an email to snmp.mediation@maryland.gov, or call 410-767-4953.

Department of Budget and Management
Office of Personnel Services and Benefits