WHAT IS COMMUTER CHOICE MARYLAND?
The Maryland Department of Transportation’s (MDOT) Commuter Choice Maryland program helps employers and employees find solutions to traffic congestion. We play a vital role in reducing Maryland’s congestion, improving local air quality, and saving time and money for commuters. Our goal is to motivate solo-vehicle drivers to consider alternatives to driving alone, such as transit, carpooling, biking, walking and teleworking or alternative work hours, even for one day a week. All of these options help reduce the number of cars on Maryland’s crowded roads.

WHY IS COMMUTER CHOICE MARYLAND IMPORTANT?
Every day, Maryland commuters lose at least 30 minutes sitting in traffic getting to work or school. Through MDOT’s Commuter Choice Maryland, residents and employees can explore alternatives to driving alone. Choices like transit, carpooling, cycling, walking, and teleworking can all help make the commuting experience easier, save you money and make your time at work, school and home more valuable.

WHAT'S IN IT FOR ME?
When you try an alternative to driving solo, you can put time back in your life and money back in your pocket. Also, imagine your quality of life when you try a lower-stress commute.

WHY SHOULD I CONSIDER ALTERNATIVES TO DRIVING ALONE TO WORK?
Think about how much time you spend sitting in traffic. For most Marylanders, it’s about 30 wasted minutes. Now, imagine what you’ll do with that half hour back in your life.

Still not convinced? Here are some more fast facts:

- **Maryland travel time is the second worst in the nation at 33.8 minutes**, behind only New York at 34.7 minutes. In comparison, the national average is 26 minutes.
- **In Maryland, less than one-third of workers (29.3 percent) get to work in under 20 minutes**, and what’s more, 15.6 percent take more than an hour.

Commuter Choice Maryland strives to create easy and convenient options for commuters to get you where you need to go with less hassle. **Think about what you might do with all that extra time that's not spent dealing with traffic.** Catch up on email. Read a book. Close your eyes and listen to some music or a great podcast. **YOU DECIDE.**

HOW CAN I LEARN MORE?
- CommuterChoiceMaryland.com
- 410-865-1100 (M-F from 8:30 a.m. – 5:00 p.m.)
- CommuterChoice@mdot.state.md.us

MISSION STATEMENT
“The Maryland Department of Transportation is a customer-driven leader that delivers safe, sustainable, intelligent, and exceptional transportation solutions in order to connect our customers to life’s opportunities.”